



## Wreath Instructions

**Your wreath kit contains everything you need to get started making a beautiful christmas wreath. The only thing you need to source is some winter foliage which you can either forage yourself on walks in your local forest, park, in friends gardens or buy from your local florist.**

An important part of floristry to us and in everything that we make is doing it mindfully. Christmas can be a busy time of year so please use this as an opportunity to take some slow time for your self to get out in nature and immerse your self in creating your beautiful wreath. Take time to notice the smell of the foliage and the colours in the trees when you are searching for your materials.

**Its the perfect time to go for a winter walk and look out for beautiful foliage, dried seed heads and grasses which will all add texture to your wreath. So get wrapped up warm and take a walk to get inspired. Please always ask permission from the landowner before picking foliage.**

## Foliage and materials to look out for...

- .ivy
- .holly
- .yew
- .cypressus
- .pine
- .bay
- .rosemary
- .eucalyptus
- .dried thistles
- .dried hydrangea
- . rosehips
- . willow and hazel
- .fallen twigs with moss on
- . dried leaves and cones



Once you are home with all your materials ready, you can cut the ends of the stems and place them all into a bucket of water so they have a chance to get hydrated before you create your wreath.

**From your kit you will need....**

- . copper wire frame
- . moss
- . string
- . green wires
- . your choice of decorations
- . ribbon

**You will also need....**

- . strong scissors
- . you might like to wear gardening gloves while making your wreath

**. Lets get started! Find a space to make your wreath such as the kitchen table, a work surface in the garden shed or even outdoors if you have the space. Clear your work surface and set out all the materials provided in your kit.**



. Take time for you! Everyone works at different speeds the main thing is to enjoy yourself, you might like to spend an hour or two making your wreath over an afternoon or you can do it in stages and come back to it over a few days as long as long as you keep your materials damp and cool. Crafting anything by hand is a great way to practice mindfulness which is especially enjoyable at this busy time of year. When we are crafting something by hand with natural materials it allows our mind to focus on the job in hand and forget about everything else for an hour or two.

**. Get in the festive spirit! Pop some Christmas tunes on and make yourself a festive drink, a hot chocolate or mulled wine and don't forget to stop for a mince pie.**

### **Step one**

Take your copper wreath ring and lay it flat on the table

Tie one end of the string onto the ring

Pull the moss apart and lay it out around the edge of the ring evenly so you can see you have enough to cover the frame.

Then holding the ring in one hand add the moss and bind it onto the frame with the string, add a handful and wrap the string around the moss and the frame pulling it tight as you go.

When all the moss is attached tie a tight knot.

You can spray the frame with water if you have a garden mister or run it under a tap if you don't have one. Keep it damp but not soaking wet.



### **Step two**

Lay out all the foliage you have gathered on the table and start to cut small pieces, around 3 to 7 inches in length.

Cutting smaller shorter pieces will give you a fluffier fuller looking wreath, cutting longer pieces with give you a more wild spread out shape.



Once you have all the little pieces gather 3-5 pieces at a time into a little bundle and continue to do this with the rest of the foliage.

. Next, tie one end of the string onto the moss frame.

Then lay your first bundle onto the wreath with the stems at the inside edge of the frame and the foliage fanning out at a 45 degree angle.

Once the bundle is laid down bind it with the string by wrapping it around both the bundle and the frame at the bottom of the stems, then pull tightly to secure.

Repeat this process by working clockwise around the frame so that each new bundle overlaps and hides the part where it is tied on. Make sure to cover all of the moss frame both on the top and sides.

Make sure you spread the materials out to make sure you have enough to evenly cover the wreath.

Once all the bundles are attached you will be able to hide your last layer under the first layer so all the string is hidden, then tie the string off securely.

### **Step three**

Tie a longer loop of wire/string or ribbon around the wreath which you will use to attach the wreath to the door.

Take the ribbon and fold across the middle, pinch at the centre and fold the wire across the centre point to make a bow. Push the wire into the wreath to secure the bow.



When securing any of the decorative parts in this way push the wire trough the wreath then fold the end back into the moss on the back side to secure and hide the sharp end of the wire

Attach the wires to the orange slices and cones then attach to the wreath as described with the ribbon. For any other decorations you can wrap one end of the wire around the decoration and then secure the other end into the moss, always folding the sharp end back into the frame.

Spray with water or run under a trickling tap to keep the wreath damp.  
If you water the wreath in this way throughout the festive season it will keep it fresh and long lasting.

Hang on your front door and enjoy!

**If you have any questions or feel unsure when making your wreath please feel free to message us with your questions either via social media, email or phone. We are always happy to help and advise you.**

**Don't forget to share your pictures with us on Instagram tag us @floristgallery**

Remember to keep all materials away from children and pets, none of the materials are edible. Keep materials away from candles and flames.